

Natural Healing compared to Medical Intervention

NATURAL HEALING	MEDICAL INTERVENTION
SYMPTOMS	
We listen when our body "talks" and use this communication to guide us in our healing process. Stop, Look and Listen	Dull, Suppress or completely Remove the Symptoms, most often assessing that the symptom is the Disease and never getting to the cause of why our body is "communicating"
FOCUS	
To Create a Healthy Person	To Destroy, Kill or Cure a Disease
METHOD OF TREATMENT	
Setting up a proper living "environment" so our body can heal itself. This is done through changes in our Food Program, Elimination, Movement, Emotions and Lifestyle. Assistance	Attacking, Killing and Removing disease using drugs and surgery. Altering or removing malfunctioning organs (ex. coronary bypass surgery, appendectomy, mastectomy, Intervention)
THERAPEUTIC PRODUCTS	
Fruits, Vegetables, Grains, Seeds and Nuts, Herbs, Supplements. NO Side Effects	Drugs made from petrochemicals, animal waste and toxic elements. MANY Side Effects including DEATH
THERAPEUTIC MODALITIES	
Food Programs, Cleansing and Detoxification Routines, Exercise and Movement, Bodywork, and Changes in the way we Live, Work, Play and Relate	Surgery, Radiation, Toxic Chemotherapy, Stimulant, Sedative and Suppressive drugs, DIETetics, Dialysis, Colostomies, Changes in ones Lifestyle and Habits are rarely discussed.
EMOTIONS	
Positive Attitude, Excitement, Strength	Negative Attitude, Coping, Anxiety, Fear, Weakness, Depression, Being out of Control. Our life is in someone else's hands.
RESPONSIBILITY	
We have created our current health level and therefore we can change it and heal ourselves. Being in control.	I "caught" this disease. I am an unlucky victim. Doctor please heal me.