

Something to think about:

Let's say that you leave a garbage can outside in the summer heat. Over time, it fills with trash and begins to stink. Little by little, flies and rats start to appear. Now you have a disgusting problem. How would you go about solving it?

Well, one way of approaching the problem would be to spray the flies with poison and shoot the rats with a shotgun. You would definitely kill some flies with the poison but you're also going to contaminate the can in the process. On top of that, more flies are just going to find the garbage. With the shotgun, once again, you're going to kill some rats but while you're at it you're more than likely going to blow holes in the can. Then, guess what...more rats are going to come! With this approach, you end up with a bigger mess than what you started with.

Can you think of a better way to solve the problem?

What you need to do is clean out the can! The flies and the rats are the symptom. The garbage is the problem. The poison and shotgun approach might seem to work for awhile but in reality, we're making everything worse by destroying the can.

Now think of this in terms of the natural vs. medical approach in treating the human body. The medical profession for the most part takes the "poison/shotgun" approach. They focus on the symptoms of "dis-ease" rather than finding or correcting the underlying cause of the problem. This is why in many cases, people are told to take drugs for the rest of their lives. What usually happens? The person eventually develops a new "dis-ease" from the further toxicity introduced to the body through medication while never getting rid of their original problem.

This is especially evident in situations such as cancer. Why do so many people have a "re-occurrence" of cancer (that is, if they're lucky enough to survive the treatment) when they've been pronounced in "remission" or "cured?" Because they've never gotten rid of the cancer in the first place! The chemo/radiation/surgery approach is the "poison/shotgun" approach mentioned above that focuses only on the symptom and not the problem. They fail most of the time because they never clean out and strengthen the body. They go after the lump or bump (symptom) but never focus on correcting the body's biochemistry (problem).

The natural approach is to focus on the "terrain" of the body. If you keep a proper "terrain" dis-ease cannot take up residence there.

NOTE: Keep in mind that we are not talking about emergency or crisis situations in which drugs and/or surgery are necessary. These situations are dealt with wonderfully by the medical profession (emergency rooms) and they should be commended for it. What we are focusing on is the natural vs. medical approach to health care.